


## May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Allergy information available upon request.</b>				<b>May 1</b> Stuffed Shells with Meat Sauce Italian Blend Veggies Sugar Snap Peas Mandarin Oranges
<b>May 4</b> Pork Chop Supreme Baked Potato Broccoli Fresh Apple	<b>May 5</b> Macaroni and Cheese Baby Carrots Cauliflower Diced Pears	<b>May 6</b> <i>Happy May Birthdays</i> Vegetarian Lasagna Sliced Carrots Dinner Roll Lemon Cake	<b>May 7</b> Lemon Butter Cod Brown Rice Zucchini/Squash Blend Fig Newtons	<b>May 8</b> Turkey and Cheese Sub Homemade Coleslaw Marinated Cucumbers Fruited Jello
<b>May 11</b> <i>Happy Mother's Day</i> Chicken Cacciatore over Pasta Cauliflower/Carrots Butterscotch Pudding	<b>May 12</b> BBQ Chicken Breast Mashed Sweet Potato Steamed Spinach Oatmeal Chip Cookie	<b>May 13</b> Chicken Patty Mashed Potatoes Rutabaga Blueberries and Cream	<b>May 14</b> <i>Celebrating Older Adults</i> Ham with Pineapple Scalloped Potatoes Green Beans Cherry Cheesecake	<b>May 15</b> Chef Salad with Turkey, Swiss and Egg Country Style Tomatoes Dinner Roll Lorna Doone Cookies
<b>May 18</b> Broccoli and Cheese Quiche Warm Beets/ Corn Fruit Fluff – Chef's Choice	<b>May 19</b> Spaghetti with meat sauce Buttered Peas Dinner Roll Diced Peaches	<b>May 20</b> Garlic Lemon Chicken with Gravy Mashed Sweet Potatoes Fiesta Blend Veggies Fresh Banana	<b>May 21</b> Sante Fe Chicken over Brown Rice Yellow Sweet Corn Dinner Roll Fresh Orange	<b>May 22</b> Tuna Salad on Romaine Macaroni Salad Cottage Cheese Melon Cup
<b>May 25</b> <b>Happy Memorial Day Program Closed</b>	<b>May 26</b> <i>Happy Memorial Day</i> Cheeseburger on a bun Mixed Vegetables Cauliflower Sunshine Bar	<b>May 27</b> Oven Fried Chicken Parm over pasta Green Beans Dinner Roll Berries and Cream	<b>May 28</b> Beef Stew with Gravy Green Peas Dinner Roll Apple Sauce	<b>May 29</b> Chicken Ceasar Salad 3 Bean Salad Country Style Cucumbers Fig Newtons

**Meals should be eaten when delivered or immediately refrigerated and reheated to 165-degrees.**

**TO CANCEL OR RESTART YOUR HOME DELIVERED MEALS - Call 518-746-2357**

Congregate Meal Sites: Cambridge 518-677-8592 - Hudson Falls 518-747-9352 - Whitehall 518-499-2482

Menus subject to change.