

## March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 2</b> Hot Dog with Meat Sauce Yellow Sweet Corn Cali Blend Veggies Apple	<b>March 3</b> Sweet & Sour Chicken over brown rice Corn & Black Beans Peas Pineapple and Cherries	<b>March 4</b> Pork Loin with Gravy Garlic Mashed Potato Rutabaga Dinner Roll Orange	<b>March 5</b> Chicken Patty on a Bun Cauliflower Beets Chef's Choice Cake	<b>March 6</b> Penne Alfredo with Broccoli Lima Beans with Peas Dinner Roll Sliced Apples
<b>March 9</b> Pork Chop Supreme Sweet Baked Potato Broccoli Cinnamon Applesauce	<b>March 10</b> Cheeseburger on a Bun Baked Beans Mixed Veggies Clementines x 2	<b>March 11</b> Broccoli and Cheese Quiche Beets Corn Tropical Fruit	<b>March 12</b> Rosemary chicken with Gravy over Rice Buttered Peas Dinner Roll Macintosh Apple	<b>March 13</b> Albacore Tuna Salad on a bed of romaine Country Style Tomatoes Cottage Cheese Mandarin Oranges
<b>March 16</b> Spaghetti Bolognese Italian Green Beans Cauliflower Fresh Pear	<b>March 17</b> <i>Happy Saint Patrick's Day</i> Corned Beef Steamed Cabbage, Carrots and Potatoes Irish Tea Cake	<b>March 18</b> Pulled Pork on a Bun Diced Beets Corn Pineapple Chunks	<b>March 19</b> Turkey and Cheese Sub Homemade Coleslaw Marinated Cucumbers Grapes	<b>March 20</b> Macaroni and Cheese Sugar Snap Peas Carrot Coins Blueberries and Cream
<b>March 23</b> Baked Ziti with Meat Sauce Italian Blend Vegetables Dinner Roll Orange	<b>March 24</b> Lean Beef with Peppers over pasta Lima Beans Corn Sliced Peaches	<b>March 25</b> <i>Happy March Birthdays</i> Chicken Breast over Stuffing with Gravy Mashed Potatoes Garlic Green Beans Chef's Choice Cake	<b>March 26</b> Meatloaf with Onion Gravy Oven Brown Potatoes California Blend Veggies Fresh Banana	<b>March 27</b> Potato Encrusted Cod over brown rice Green Peas Dinner Roll Fig Newtons
<b>March 30</b> American Style Goulash Carrot coins Dinner Roll Fresh Apple	<b>March 31</b> BBQ Chicken Mashed Sweet Potato Normandy Blend Veggies Apricots			<b>Allergy information available upon request</b>

**Meals should be eaten when delivered or immediately refrigerated and reheated to 165-degrees.  
TO CANCEL OR RESTART YOUR HOME DELIVERED MEALS - Call 518-746-2357**

Congregate Meal Sites: Cambridge 518-677-8592 - Hudson Falls 518-747-9352 - Whitehall 518-499-2482  
Menus subject to change.