


## June 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>June 1</b> Sloppy Joe on a Bun Sweet Baked Potato Green Beans Banana	<b>June 2</b> Chicken Patty Mashed Potatoes Baby Carrots Fresh Apple	<b>June 3</b> <i>Happy June Birthdays</i> Homestyle Meatloaf Mashed Potato with Gravy Collard Greens Chocolate Raspberry Cake	<b>June 4</b> Asian Sweet N' Sour Chicken over Brown Rice Oriental Blend Veggies Yellow Sweet Corn Mandarin Oranges	<b>June 5</b> Chef Salad with Turkey, Cheese, and Egg Veggie Mac Salad Dinner Roll Fig Newton Cookies
<b>June 8</b> Whole Wheat Spaghetti with Meat Sauce Capri Blend Veggies Dinner Roll Mixed Berries with Cream	<b>June 9</b> Lemon Butter Cod Oven Brown Potatoes Honey Glazed Carrots Cinnamon Apple Slices	<b>June 10</b> Cheeseburger on a Bun Butter Peas Cauliflower Orange	<b>June 11</b> Hot Dog with Meat Sauce Yellow Sweet Corn California Blend Veggies Diced Pears	<b>June 12</b> Chicken Salad over Greens Macaroni Salad Country Style Tomatoes Chef's Choice Jello
<b>June 15</b> Chicken Tetrizzini over Spaghetti Green Beans Roll in Tray Fresh Plum	<b>June 16</b> BBQ Chicken Breast Mashed Sweet Potato Steamed Spinach Oatmeal Raisin Cookie	<b>June 17</b> Homestyle Macaroni and Cheese Baby Carrots Broccoli Florets Sliced Peaches	<b>June 18</b> Pulled Pork on a Bun Baked Beans Buttered Corn Fresh Apple	<b>June 19</b>  <b>Program Closed for                      Juneteenth</b> <u><b>No Meal Delivery</b></u>
<b>June 22</b> Veal and Peppers over Penne Pasta Prince Edward Blend Dinner Roll Fresh Pear	<b>June 23</b> <i>Happy Father's Day</i> Tuna Salad on a Hot Dog Roll Broccoli Salad Cottage Cheese Fresh Grapes	<b>June 24</b> Chicken Alfredo Broccoli Warm Beets Chilled Pineapple	<b>June 25</b> Pork Loin w/ LS Gravy Red Skin Potato Wedges Steamed Spinach Chef's Choice Pudding	<b>June 26</b> Chicken Cesear Salad Country Style Cucumbers Three Bean Salad Vanilla Yogurt with Berries
<b>June 29</b> Chicken Cacciatore Italian Blend Veggies Dinner Roll Clementines	<b>June 30</b> Roast Beef with Gravy Mashed Potato Yellow Sweet Corn Strawberry Shortcake		<u><b>Our meals contain:</b></u> <b>3-4 oz of protein</b> <b>1 cup of dairy</b> <b>1 cup of vegetables</b> <b>1 cup of fruit</b> <b>2 oz of whole grains</b> <b>2 tsp of healthy fat</b>	<b>Allergy information                      available on request.</b>

Meals should be eaten when delivered or immediately refrigerated and reheated to 165-degrees.  
 TO CANCEL OR RESTART YOUR HOME DELIVERED MEALS - Call 518-746-2357

Congregate Meal Sites: Cambridge 518-677-8592 - Hudson Falls 518-747-9352 - Whitehall 518-499-2482  
*Menus subject to change.*