

February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 2 Roast Turkey & Gravy Baked Potato Rutabaga Apple	February 3 Cheeseburger on a Bun Green Peas Potato Puffs Cookie	February 4 Meatloaf with gravy Mashed Potato Yellow Sweet Corn Diced Pears with Whip	February 5 Baked Ziti with Meat Italian Green Beans Dinner Roll Fresh Banana	February 6 Macaroni and Cheese Stewed Tomatoes Broccoli Fruit Cocktail
February 9 Hearty Beef Stew Buttered Corn Dinner Roll Chilled Pineapple	February 10 Shepherd's Pie Steamed Spinach Dinner Roll Fruited Gelatin	February 11 Chicken Salad Croissant 3 Bean Salad/Cukes Clementine Fig Newtons	February 12 Mild Chili over rice Broccoli Cauliflower Fresh Pear	February 13 <i>Happy Valentine's Day</i> Tuscan Chicken Pasta Green Beans Dinner Roll Fruit Cocktail
February 16 President's Day Program Closed	February 17 Chicken and Gravy Mashed Potato Broccoli Florets Apple	February 18 French Toast Casserole with fruit topping Oven Brown Potato Yogurt with Berries Orange Juice	February 19 <u>Happy February Birthdays!</u> Beef Stroganoff Green Beans Dinner Roll Brownie	February 20 Potato Encrusted Cod over Brown Rice Steamed Spinach Dinner Roll Apple Saice
February 23 Pork Chop Supreme Oven Brown Potatoes Normandy Blend Veggies Pudding with Whip	February 24 Spaghetti with meat sauce Mixed Vegetables Dinner Roll Pineapple	February 25 Sloppy Joe on a Bun Oven Brown Potatoes French Cut Green Beans Mandarin Oranges	February 26 Rosemary Chicken over Brown Rice Sugar Snap Peans Dinner Roll Nectarine	February 27 Vegetable Lasagna Broccoli Dinner Roll Vanilla Yogurt with Berries
			Allergy information available upon request.	

Meals should be eaten when delivered or immediately refrigerated and reheated to 165-degrees.

TO CANCEL OR RESTART YOUR HOME DELIVERED MEALS - Call 518-746-2357
QUESTIONS/CONCERNS - CALL 518-746-2286

Congregate Meal Sites: Cambridge 518-677-8592 - Hudson Falls 518-747-9352 - Whitehall 518-746-2357

Menus subject to change.

<https://www.seniorcenterkfe.com/>