

NOVEMBER 2025
Washington County Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 3 Mushroom and Cheese Quiche Diced Carrots Corn and Lima Beans Banana	November 4 Spaghetti & Meat Sauce Cauliflower Dinner Roll Sliced Peaches	November 5 Roast Pork Loin with Gravy Sweet Potato Wax Beans Orange	November 6 Sloppy Joe on a bun Mixed Veggies Broccoli Florets Apple	November 7 Lemon Butter Cod over Brown Rice Capri Blend Veggies Dinner Roll Chilled Pineapple
November 10 Hot Dog with Meat Sauce Sweet Corn Beets Cinnamon Apple Slices	November 11  VETERANS DAY	November 12 Chicken Stew over Rice Broccoli Dinner Roll Chocolate Pudding	November 13 Chicken Patty Potato Puffs Peas and Pearl Onions Mixed Berries with Cream	November 14 Tuna Salad on a bed of Greens Sliced tomatoes Macaroni Salad Plum
November 17 Shepard's Pie Rutabaga Dinner Roll Fresh Orange	November 18 Asian Style Chicken and Broccoli over Rice Oriental Blend Veggies Dinner Roll Raspberries and Cream	November 19 Chicken Salad on a croissant Cucumbers 3 Bean Salad Diced Pears	November 20 November Birthdays Country Fried Steak with gravy Oven Brown Potatoes Normandy Veggies Birthday Cake	November 21 Macaroni and Cheese Stewed Tomatoes Broccoli Fig Newtons
November 24 Chili con carne over white rice Fiesta Blend Veggies Dinner Roll Banana	November 25 Happy Thanksgiving Turkey, Stuffing & Gravy Mashed Potatoes Green Beans Roll/ Pie Square	November 26 Penne and Broccoli Alfredo Baby Carrots Corn Fresh Plum	November 27  HAPPY THANKSGIVING	November 28 Nutrition Program is closed today

Meals should be eaten when delivered or immediately refrigerated and reheated to 165-degrees.

TO CANCEL OR RESTART YOUR HOME DELIVERED MEALS - Call 518-746-2357

QUESTIONS/CONCERNS - CALL 518-746-2286

Congregate Meal Sites: Cambridge 518-677-8592 - Hudson Falls 518-747-9352 - Whitehall 518-499-2482

Menu Subject to Change - Allergy Information available contact 518-746-2286